

**Pawan Agarwal, IAS**  
Secretary to Government of India & Chief Executive Officer

**fssai**

**FOOD SAFETY AND STANDARDS  
AUTHORITY OF INDIA**

*Inspiring Trust, Assuring Safe & Nutritious Food*  
Ministry of Health and Family Welfare, Government of India



D.O. No. 3/DFS/FFRC/Fortification/FSSAI-2017  
Dated the 20<sup>th</sup> August 2019

Dear *Anil Kumar,*

As you are already aware, micronutrient malnutrition i.e. deficiency of vitamins and minerals and the diseases resulting from it such as anemia, night blindness, weak bones etc. are widespread in India. Food fortification, that is, addition vitamins and minerals to staple foods such as wheat flour, rice, salt, milk and oil is a proven, simple, scalable, cost-effective and complementary strategy to improve the nutrition status of large sections of the population. To promote large-scale food fortification in India, the Food Safety and Standards Authority of India (FSSAI) has notified Standards for the aforementioned staple foods and released the +F logo to identify them. Moreover, FSSAI has established the Food Fortification Resource Centre (FFRC), which is actively promoting food fortification in state nutrition programmes such as MDM, ICDS and PDS as well as the open market.

Iodised salt is already being supplied through PDS in your state. Supply of Double Fortified Salt (DFS), which has both iodine and iron, in PDS and Fair Price Shops would help reduce anaemia, particularly among the most vulnerable sections of the population. Moreover, it would ensure supply of DFS for MDM and ICDS as well, for which salt may be procured from Fair Price Shops for these programmes. Therefore, introducing DFS in the PDS system in your state would help deliver iron along with iodine to a large number of people.

States such as Uttar Pradesh, Madhya Pradesh and Andhra Pradesh have already successfully introduced DFS in their PDS system. The implementation model for Uttar Pradesh is enclosed for your kind reference. Further, FFRC has developed sample tender documents as part of its technical support activities to states. This document is available for download on the FFRC website at <https://ffrc.fssai.gov.in/snp>. In addition, a list of DFS producers is enclosed for facilitating procurement of DFS. The FFRC team is available for assistance via email-[fortification@fssai.gov.in](mailto:fortification@fssai.gov.in) and phone-011-23235180 in case of any questions or technical support required.

*With regards,*

Yours sincerely,

(Pawan Agarwal)

Enclosures: 1. Successful Implementation Model of UP  
2: List of DFS producers

**Shri B. H. Anil Kumar,**  
Additional Chief Secretary,  
Department of Food, Civil Supplies, Consumer Affairs &  
Legal Metrology,  
Government of Karnataka,  
Vikasa Soudha, Bangalore – 560 001



FDA Bhavan, Kotla Road, New Delhi - 110 002 | Tele.: +91 011 2322 0995  
Telefax: +91 11 2322 0996 | E-mail: [ceo@fssai.gov.in](mailto:ceo@fssai.gov.in) | [www.fssai.gov.in](http://www.fssai.gov.in)

