



सत्यमेव जयते

भारत सरकार
भारतीय खाद्य संरक्षा एवं मानक प्राधिकरण
स्वास्थ्य एवं परिवार कल्याण मंत्रालय
एफडीए भवन, कोटला रोड़, नई दिल्ली-110002
Government of India
Food Safety and Standards Authority of India
Ministry of Health and Family Welfare
FDA Bhawan, Kotla Road, New Delhi-110002
Website : www.fssai.gov.in

अध्यक्ष
Chairperson

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D.O. No. 17/States/FFRC/Fortification/FSSAI-2017
19th of September 2019

Dear Shri Singh,

It is well established that micronutrient malnutrition, resulting from deficiency of vitamins and minerals in the diet, affects all sections of our population and continues to be a major public health concern. It places a huge burden on the healthcare system and also poses a threat to the future economic growth of the nation.

Food fortification has emerged as a proven, simple, scalable and cost-effective strategy to improve the nutrition status of the population. It is complementary to dietary diversification and nutrient supplementation. The Food Safety and Standards Authority of India (FSSAI) has notified standards for five fortified staples namely, wheat flour, rice, oil, milk and salt (Annexure I). Related Central Ministries have issued directives for the use of fortified staples in ICDS, MDM and PDS (Annexure II). Letters from the Chairperson, FSSAI, dated 7th March 2017 (Annexure III) and the CEO, FSSAI, dated 12th June 2017 (Annexure IV) have also been sent encouraging states to adopt food fortification on a large scale.

However, food fortification has not yet been adopted and scaled up in your state as expected. This is disappointing particularly since the incremental cost of introducing all fortified staples in Government Safety Net Programmes in your state is approximately Rs.14 crores; (Rs.13.94 lakhs for ICDS, Rs.44.62lakhs for MDM and Rs.13.50 crores for PDS). This cost is insignificant compared to the state's overall budget and the enormous costs of micronutrient malnutrition on the state's health system.

I therefore, urge you to examine the recent trends in prevalence of anaemia and micronutrient deficiencies in your state and adopt food fortification in the entire state as a priority. Support from FSSAI, through the Food Fortification Resource Centre (FFRC), is available for technical guidance, tendering and procurement of fortified foods, training, capacity building and awareness. Resources are available on the website: www.ffrc.fssai.gov.in. The FFRC team can be contacted as per list attached (Annexure V). The latest FFRC Brochure is also enclosed for your reference (Annexure VI). We look forward to working with you to improve the nutrition status and health outcomes in your state.

With warm regards,

Yours sincerely,



Rita Teotia

Shri Utpal Kumar Singh

Chief Secretary,
Government of Uttarakhand,
Dehradun-248001

Copy to :

Shri.Nitesh Kumar Jha

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Encl:

- Annexure I: Food Safety and Standards (Fortification of Foods), Regulations, 2018
- Annexure II: Directions from related Central Ministries
- Annexure III: Letter from CP, FSSAI
- Annexure IV: Letter from CEO, FSSAI
- Annexure V: FFRC Contact list
- Annexure VI: FFRC Brochure